

# Virtual Inspire Events

Virtual Events December 2022

Date	Activity Session	Available Times
<b>Monday 5th</b>	Move It Monday, Bingo	11am (MIM), 4pm (MIM), 6pm (Bingo)
<b>Tuesday 6th</b>	Makaton Choir, The Price Is Right	11am (MC), 1pm (TPIR)
<b>Friday 9th</b>	Chair Based Exercises, Bingo, Darts	11am (CBE), 1pm (Bingo), 2pm (Darts)
<b>Monday 12th</b>	Step N' Groove, Move It Monday, Bingo	11am (SG), 4pm (MIM), 6pm (Bingo)
<b>Tuesday 13th</b>	Makaton Choir	11am (MC)
<b>Friday 16th</b>	Fit Like Friday, Festive Music Bingo, Darts	11am (FLF), 1pm (Bingo), 2pm (Darts)
<b>Monday 19th</b>	Move It Monday, Bingo	11am (MIM), 4pm (MIM), 6pm (Bingo)
<b>Tuesday 20th</b>	Makaton Choir	11am (MC)
<b>Friday 23rd</b>	Christmas Workout, Festive Bingo, Darts	11am (FLF), 1pm (Bingo), 2pm (Darts)
<b>Thursday 29th</b>	Christmas Gift Show & Tell, Quiz	11am (S&T), 1pm (Quiz)
<b>Friday 30th</b>	Chair Exercises, Bingo, Darts, Hogmanay Party	11am (CBE), 1pm (Bingo), 2pm (Darts), 6pm-8pm (Party)

