

# Virtual Inspire Events

## Virtual Events September 2021

Date	Activity Session	Available Times
<b>Wednesday 1st</b>	Zooming Zumba, Soaps Quiz	11am (ZZ), 4pm (Quiz)
<b>Thursday 2nd</b>	Play Your Cards Right, Cook Along (Sweet and Sour)	11am (PYCR), 5pm (Cook)
<b>Friday 3rd</b>	Fit Like Friday, Superhero Bingo, Feel Like Dancing	11am (FLF), 1pm (Bingo), 7pm (FLD)
<b>Monday 6th</b>	Move it Mondays, Rock with the greats	11am(MIM), 1pm (Rock), 4pm (MIM)
<b>Tuesday 7th</b>	Makaton Choir, Watch a Panto, Meditation	11am (Choir), 1pm (Panto), 7pm (Meditation)
<b>Wednesday 8th</b>	Play Your Cards Right	11am (PYCR)
<b>Thursday 9th</b>	Bake Aero Slices, Karaoke Evening	4:30pm (Bake), 7pm (Kar)
<b>Friday 10th</b>	Fit Like Friday, Bingo	11am (FLF), 1pm (Bingo)
<b>Monday 13th</b>	Move it Mondays, Meditation	11am (MIM), 1pm (Med), 4pm (MIM)
<b>Tuesday 14th</b>	Makaton Choir, Songs from the Musicals, Taco Tuesday	11am (MC), 1pm (Songs), 5pm (Tacos)
<b>Wednesday 15th</b>	Walk N Groove	11am (WG)
<b>Thursday 16th</b>	Story Corner, Catch Phrase	11am (SC), 1pm (CP), 2pm (SC)
<b>Friday 17th</b>	Chair Based Exercises, Music Bingo	11am (CBE), 1pm (Bingo)
<b>Monday 20th</b>	<b>Move It Monday</b>	<b>11am (MIM)</b>
<b>Tuesday 21st</b>	<b>Makaton Choir, Make Pompoms, Rope like a Cowboy</b>	<b>11am (Choir), 1pm (Pompoms), 2pm (Rope)</b>
<b>Wednesday 22nd</b>	<b>Line Dancing, Red White and Blue Painting</b>	<b>11am (PLP), 4pm (Paint)</b>
<b>Thursday 23rd</b>	<b>American Quiz, American Inventions, Bake Cobbler</b>	<b>11am (Quiz), 1pm (AI), 4pm (Bake)</b>
<b>Friday 24th</b>	<b>Cheerleading, Monument Bingo, Make a Big Mac</b>	<b>11am (CL), 1pm (Bingo), 5pm (Cook)</b>
<b>Saturday 25th</b>	<b>Party In The U.S.A Disco with DJ Millar</b>	<b>7pm-8pm (Disco)</b>
<b>Monday 27th</b>	Move It Monday, Meditation	11am(MIM), 4pm (MIM), 7pm (Meditation)
<b>Tuesday 28th</b>	Makaton Choir, Feedback Session	11am (Choir), 1pm (feedback)
<b>Wednesday 29th</b>	Cosmic Yoga	11am (CY)
<b>Thursday 30th</b>	The Price is Right, Comic Book Read	11am (TPIR), 1pm (Comic)

