

Virtual Inspire Events

Virtual Events March 2021

Date	Activity Session	Available Times
Monday 1st	Move It Monday	11am, 4pm
Tuesday 2nd	Makaton Choir, Drama, Cosmic Yoga	11am (Choir), 1pm (Drama), 4pm (Yoga)
Wednesday 3rd	Zooming Zumba, Crafting Creations	11am (ZZ), 4pm (Crafts)
Thursday 4th	Meditation, Cook Along	11am (Meditation), 5pm (Cook)
Friday 5th	Fit Like Fridays, Music Bingo, Disco	11am (FLF), 1pm (Bingo), 7pm-8pm (Disco)
Monday 8th	Move it Mondays	11am, 4pm
Tuesday 9th	Makaton, Tai Chi	11am (Choir), 4pm (TC)
Wednesday 10th	Zooming Zumba, Crafting Creations	11am (ZZ), 4pm (Crafts)
Thursday 11th	Meditation, Bake Along	11am (Meditation), 4pm (Bake)
Friday 12th	Fit Like Fridays, Bingo, Fun Facts Friday	11am (FLF), 1pm (Bingo), 4pm (FFF)
Monday 15th	Move it Mondays, Quiz Night	11am(MIM), 4pm (MIM), 7:30pm (Quiz)
Tuesday 16th	Makaton Choir, Drama, Cosmic Yoga	11am (choir), 1pm (Drama), 4pm (yoga)
Wednesday 17th	Zooming Zumba, Crafting Creations	11am (ZZ), 4pm (Crafts)
Thursday 18th	Meditation, Cook Along,	11am (Meditation), 5pm (Cook)
Friday 19th	Fit Like Fridays, Music Bingo, Fun Fact Friday	11am (FLF), 1pm (Bingo), 4pm (FFF)
Saturday 20th	Drama, Disco with DJ Millar	4pm (Drama), 7pm - 8pm (Disco)
Monday 22nd	Move it Mondays	11am, 4pm
Tuesday 23rd	Makaton Choir, Tai Chi	11am (Choir), 4pm (TC)
Wednesday 24th	Zooming Zumba, Crafting Creations	11am (ZZ), 4pm (Crafts)
Thursday 25th	Meditation, Bake Along	11am (Meditation), 4pm (Bake)
Friday 26th	Fit Like Fridays, Bingo, Fun Fact Friday	11am (FLF), 1pm (Bingo), 4pm (FFF)
Sunday 28th	Cinema Club	3:30pm
Monday 29th	Move it Mondays, Chris's Late Night Karaoke Bar	11am (MIM), 4pm (MIM), 7pm (Karaoke)
Tuesday 30th	Makaton Choir, Drama, Cosmic Yoga	11am (Choir), 1pm (Drama), 4pm (Yoga)
Wednesday 31st	Zooming Zumba, Crafting Creations	11am (ZZ), 4pm (Crafts)

