

Virtual Inspire Events

Virtual Events February 2021

Date	Activity Session	Available Times
Monday 1st	Move It Monday	11am, 4pm
Tuesday 2nd	Makaton Choir, Drama Workshop	11am (Choir), 4pm (Drama)
Wednesday 3rd	Zooming Zumba, Coffee & Tea Catch-up	11am (ZZ), 3:30pm (Catch-up)
Thursday 4th	Meditation, Chris' Late Night Karaoke Bar	11am (Meditation), 8pm (Karaoke)
Friday 5th	Fit Like Fridays, Music Bingo	11am (FLF), 1pm (Bingo)
Monday 8th	Move it Mondays	11am, 4pm
Tuesday 9th	Makaton, Interactive Story (Monkey King)	11am (Choir), 4pm (Story)
Wednesday 10th	Zooming Zumba, Craft Session	11am (ZZ), 4pm (Crafts)
Thursday 11th	Meditation, Chinese New Year Meal	11am (Meditation), 5pm (CNY Meal)
Friday 12th	Fit Like Fridays, Bingo	11am (FLF), 1pm (Bingo)
Saturday 13th	Valentines Disco with DJ Millar	7pm-8pm
Monday 15th	Move it Mondays	11am, 4pm (suitable for all levels)
Tuesday 16th	Makaton Choir, Pancake Tuesday	11am (choir), 4pm (pancakes)
Wednesday 17th	Zooming Zumba, Coffee & Tea Catch-up	11am (ZZ), 3:30pm (Catch-up)
Thursday 18th	Meditation, Cosmic Yoga	11am (Meditation), 4pm (Yoga)
Friday 19th	Fit Like Fridays, Music Bingo	11am (FLF), 1pm (Bingo)
Monday 22nd	Move it Mondays	11am, 4pm
Tuesday 23rd	Makaton Choir, Drama Workshop	11am (Choir), 4pm (Drama)
Wednesday 24th	Zooming Zumba, Craft Session	11am (ZZ), 4pm (Crafts)
Thursday 25th	Meditation, Baking Session	11am (Meditation), 4pm (Baking)
Friday 26th	Fit Like Fridays, Bingo	11am (FLF), 1pm (Bingo)

