

Virtual Inspire Events

Virtual Events December 2021

Date	Activity Session	Available Times
Wednesday 1st	Play Your Cards Right, Meditation	11am (PYCR), 1pm (Med)
Thursday 2nd	Pamper Session, The Price Is Right	11am (Pamp), 1pm (TPIR)
Friday 3rd	Fit Like Friday	11am (FLF)
Monday 6th	Move It Monday, Blockbusters, Bingo	11am (MIM), 1pm (BB), 4pm (MIM), 6pm (Bingo)
Tuesday 7th	Makaton Choir, Festive Crafts	11am (MC), 1pm (FC)
Wednesday 8th	Belly Dancing, Bake Christmas Cookies, Meditation	11am (LD), 1pm (Bake), 4pm (Meditation)
Thursday 9th	Walk N' Groove, Feedback Session, Karaoke Evening	11am (KS), 1pm (FB), 7pm (Kar)
Friday 10th	Tai Chi, Bingo, Hula Hoops	11am (TC), 1pm (Bingo), 4pm (HH)
Saturday 11th	Music Bingo, Christmas Disco	11am (MB), 7pm-8pm (Disco)
Sunday 12th	Watch Christmas Film	3:30pm
Monday 13th	Move It Monday, Bond Quiz, Bingo	11am (MIM), 1pm (BQ), 4pm (MIM), 6pm (Bingo)
Tuesday 14th	Makaton Choir, Play Your Cards Right	11am (Choir), 1pm (PYCR)
Wednesday 15th	Crafting Creations, Story Corner	11am (CC), 1pm (SC)
Thursday 16th	The Price Is Right, Zooming Zumba	11am (TPIR), 1pm (ZZ)
Friday 17th	Chair Based Exercises, Spy Bingo, Spy Fun Facts Fridays	11am (CBE), 1pm (SB), 4pm (FFF)
Sunday 19th	Festive Crafts	3:30pm (FC)
Monday 20th	Move It Monday, Blankety Blank, Bingo	11am (MIM), 1pm (BB), 4pm (MIM), 6pm (Bingo)
Tuesday 21st	Makaton Christmas Performance, Pamper Session	11am (Choir), 1pm (Pamp)
Thursday 23rd	Carol Singing, Watch a Panto	11am (CS), 1pm (Panto)
Friday 24th	Fit Like Friday, Christmas Bingo	11am (FLF), 1pm (Bingo)
Tuesday 28th	Makaton Choir	11am (MC)
Wednesday 29th	Zooming Zumba, Festive Show and Tell	11am (ZZ), 1pm (FST)
Thursday 30th	Learn the Gay Gordons, Cook Along	11am (GG), 4pm (CA)
Friday 31st	Tai Chi, Scottish Music Bingo, Hogmanay Party	11am (TC), 1pm (SMB), 6pm (HP)

